## CONTRACT

In light of the discussion about the findings in the evaluation dated August 19, 2013, it was determined that the primary issues Alexi needs to address include anxiety, inattention and reading comprehension.

## THEREFORE:

- I, Alexi Kirschner, will commit to cooperating, complying, applying determination and motivation to:
  - a. Willingly try/work with a doctor's recommendations for possible medication to address the inattention issues, understanding that it can be a trial & error approach until the right combination may be found.
  - b. Willingly participate in 20-30 minutes of intense exercise every day, whether utilizing the rowing machine, participating in dance class and practicing routine, or a similar activity of interest.
  - c. Willingly continue sessions with Jane Stover as a counselor, participating and trying out suggested strategies, to work on the roots of anxiety and improve on verbalization and participating in conversations.
  - d. Willingly meet with a Reading tutor at least once (or possibly twice) a week, to work on learning and applying active reading strategies and study skills, to use with my current academic assignments.
  - e. Willingly make time and space in my daily and weekly schedule to do some of own favorite things like art and creative writing, utilizing these important tools of self-expression as a way to both practice and enjoy my strengths, and find an outlet for dealing with some inner turmoil.
  - f. Willingly participate in a re-evaluation next summer (or any time between now and then if the above plan is not working), to objectively measure whether or not these elements are making enough of a difference to ameliorate the primary issues of anxiety, inattention and reading comprehension.
  - g. Willingly revaluate and discuss decisions regarding where to attend school based on the results of the above mentioned strategies and the next re-evaluation.
  - h. Willingly attend the schooling choice that results and fully participate with determination and motivation.

We understand that the plan this contract spells out is not an absolute cure for our Alexi's learning difficulties. We are aware that we may not see an immediate change in academic achievement. The effectiveness of this plan is closely linked with our Alexi's cooperation, determination, motivation, and with timely and consistent completion of assignments. We will do our utmost to ensure Alexi's continuing progress so that, in time, her achievement levels correlate with her potential capabilities.

By signing below, we acknowledge that we understand the information given and agree to the terms as stated in this agreement. Mrs. Kirschner may consult with Beth Grimm as needed throughout the school year to ascertain whether or not this contract is working. Please sign & return to Beth Grimm.

Beth Grimm, Educational Therapist, M.Ed.	Student	
Date	Mother	